


TIME GIVERS



Time Is Ours To Give!




“TimeGivers has extensive experience working with young people through volunteering. These initiatives have supported meaningful youth participation, strengthened community involvement and contributed to a strong sense of place and neighbourhood pride. Their professionalism, enthusiasm and ability to engage young people has been instrumental in achieving high-quality outcomes. We value their contribution and are keen to continue the partnership on future projects.”

Joyce Ip, Area Regeneration Manager
London Borough of Hounslow

Impact Report 2025

2025
in numbers

9,580* *TimeGivers: young volunteers*

16,731 *adults and young people volunteering hours*

35,798 *TimeGainers: lives impacted*

360 *volunteering events*

£33 *cost per young person*

** We prioritise depth of engagement and many young people volunteer multiple times with us over the longer-term. Our CRM counts each unique time a young person volunteers in the cumulative number of young people volunteering.*

Independent evaluation by Bean Research · Charity No. 1202700

“Many of our children have very little in terms of possessions and money, but they do have time. The value they get from giving their time gives them confidence and self-esteem... something they desperately need.”

- Laura Ellener, Head Teacher, Chiswick School

Why TimeGivers exists

TimeGivers began from a deeply personal place. After experiencing loss in my own life, I found that giving back - volunteering, connecting, showing up for others - was what helped me heal. It gave me purpose, community and a way forward.

But when I looked around, I realised there was nothing like that for my own children. I want all young people, no matter their background or circumstance, to have the opportunity to engage in meaningful volunteering events provided for them by an organisation that really understands young people's need to contribute positively back to their local communities.

TimeGivers is nurturing not just volunteers, but a generation defined by empathy, purpose and courage. And I truly believe they will help shape a more compassionate future.

In 2025, nearly 10,000 young people gave over 14,000 hours of their time, impacting more than 35,000 people across 84 partner organisations.



Kate Deighton
Founder, TimeGivers

Our Mission

*Connecting Young People
To Their Community
Through Volunteering*

*Every young person - no matter
their background - can be a
changemaker in their own life
and their community.*

TimeGivers: reimagining volunteering for young people

We are the only organisation in the UK working directly with young people through schools, youth hubs and councils to provide inclusive, high-impact volunteering experiences. We build lasting bridges between schools, charities and communities delivering year-round programmes that provide young people with practical opportunities to tackle challenges in their own communities.



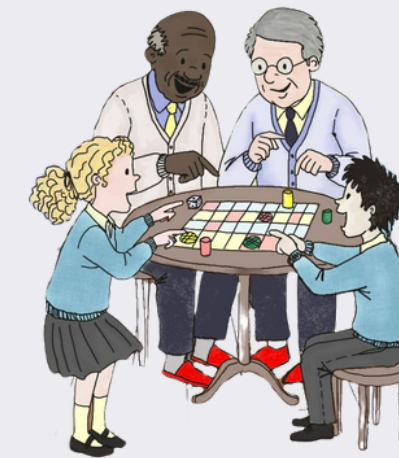
Environmental Action

Initiatives focus on protecting local green spaces, supporting wildlife and biodiversity and instilling lasting environmental responsibility.



Crisis Relief

Young people take practical action to support those most in need, offering hands-on help, joyful energy and solidarity that reminds people they are not forgotten.



Social Inclusion

Initiatives connect young people with older generations and marginalised groups to tackle loneliness and build empathy, understanding and create meaningful relationships.

Too many young people are growing up disconnected from opportunity, community and their own potential.

No structured volunteering exists for under-16s in the UK

Almost all programmes are for over 16's, or depend on paid access to the Duke of Edinburgh Programme, systematically excluding younger people and those from disadvantaged backgrounds.

Existing school schemes focus on fundraising, not action

TimeGivers puts young people in direct contact with the people they are helping.

Connecting schools, families and communities

Schools face financial and capacity pressures, parents seek meaningful ways to support young people's growth and community organisations often lack guidance on safely involving young people.

Deprived communities are most underserved

Nearly half of our partner schools have above-average Free School Meals eligibility. Strong referral pathways mean we consistently reach young people with the least access to opportunities to develop soft skills.

A gold standard of volunteering



End-to-end, staff-led delivery

Programmes are fully designed and supported from start to finish, with TimeGivers staff present throughout to ensure safety, consistency and high-quality experiences.



Long-term, trusted partnerships

Sustained relationships with schools and community organisations enable deeper impact and reliable collaboration over time. Local councils are emerging as a key partner for referring at-risk young people as we embed further into communities.



Young person-centred design

Activities, feedback tools and communications are tailored to young people's abilities, using clear, creative and engaging formats.



Rigorous safeguarding

All partner organisations are carefully checked, with strong emphasis on safeguarding, health and safety and staff training to protect young people and communities.



Learning-driven quality improvement

Data, feedback, independent evaluation and research are used to refine programmes year-on-year.

Measuring change for TimeGivers, Communities and TimeGainers

TimeGivers

Young people taking action

OUTCOMES

Confidence, wellbeing & self-belief, leading to better school engagement & mental health

Soft skills developed: communication, teamwork & leadership leading to better life opportunities

Building empathy & inspiration, leading to volunteering into adulthood

Communities

Partners & wider communities

OUTCOMES

Greater engagement of young people in the local community

Increased capacity and resources for local charities

More youth volunteering opportunities created within organisations

TimeGainers

Those impacted by young people

OUTCOMES

Recognition of young people's contribution and empathy

Increased wellbeing & connection, decreased loneliness and isolation

Strengthened intergenerational & cross community relationships

A new generation of volunteers · Stronger local communities · Young people recognised as changemakers

2025 AT A GLANCE

One year. Nearly ten thousand young people. Over thirty-five thousand people impacted.

9,580*

young people volunteering

1,163

Adult Volunteers

10,743

total volunteers

16,731

total hours given

35,798

TimeGainers impacted

3

core pillars of impact

84

partner organisations

360

volunteering events facilitated

26

schools

8

youth hubs

10

London boroughs

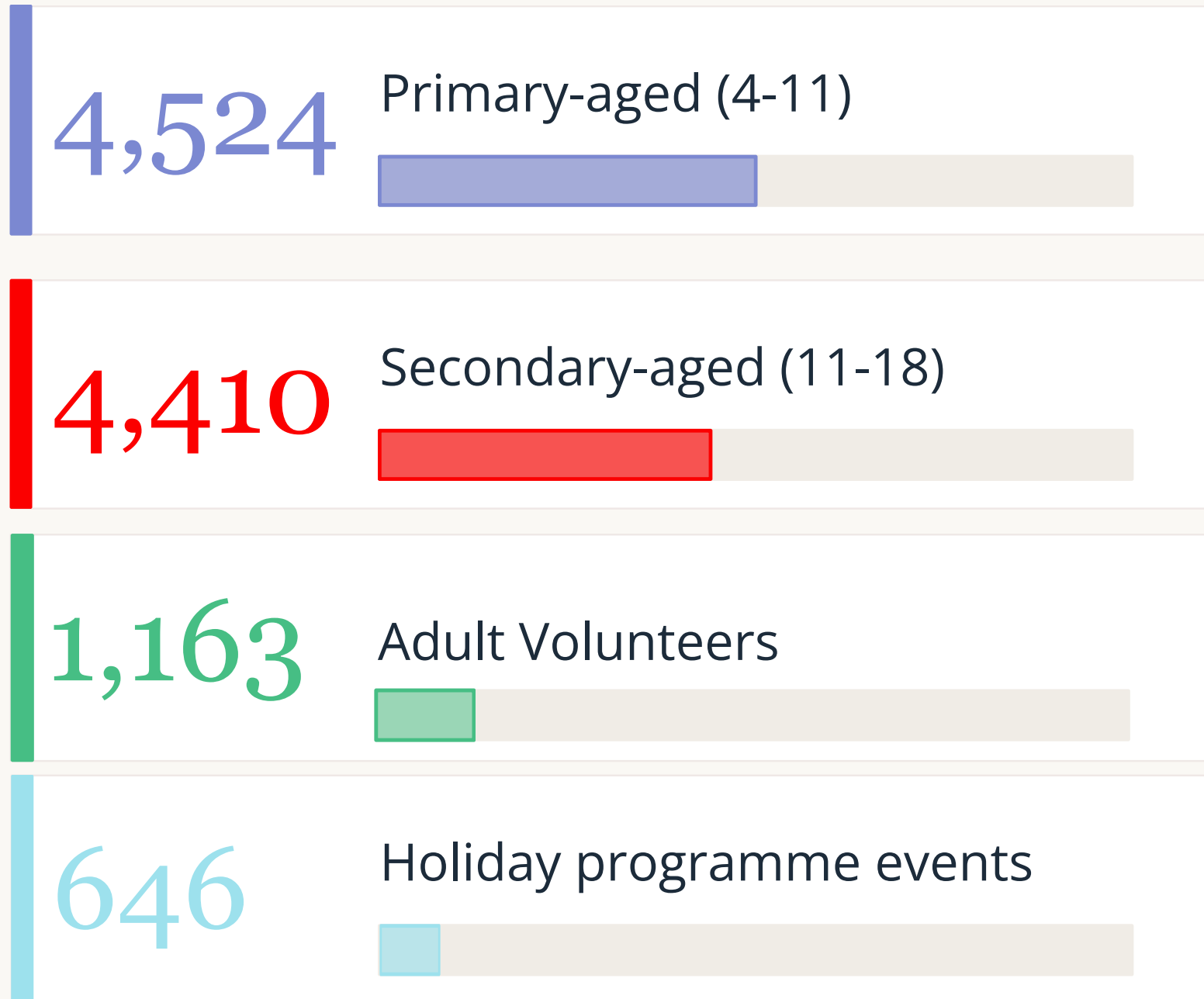
£33

cost per young person

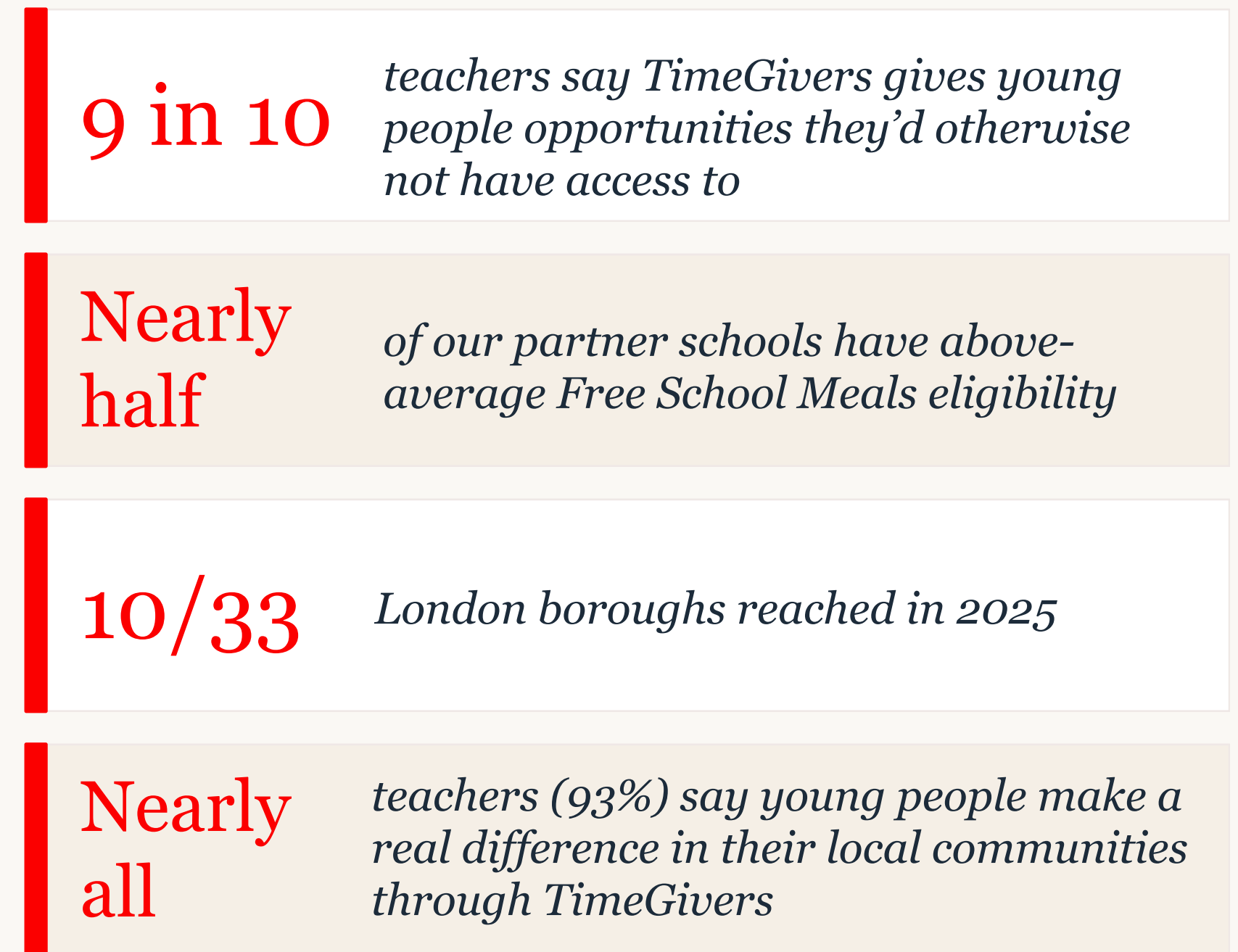
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Who are the TimeGivers?

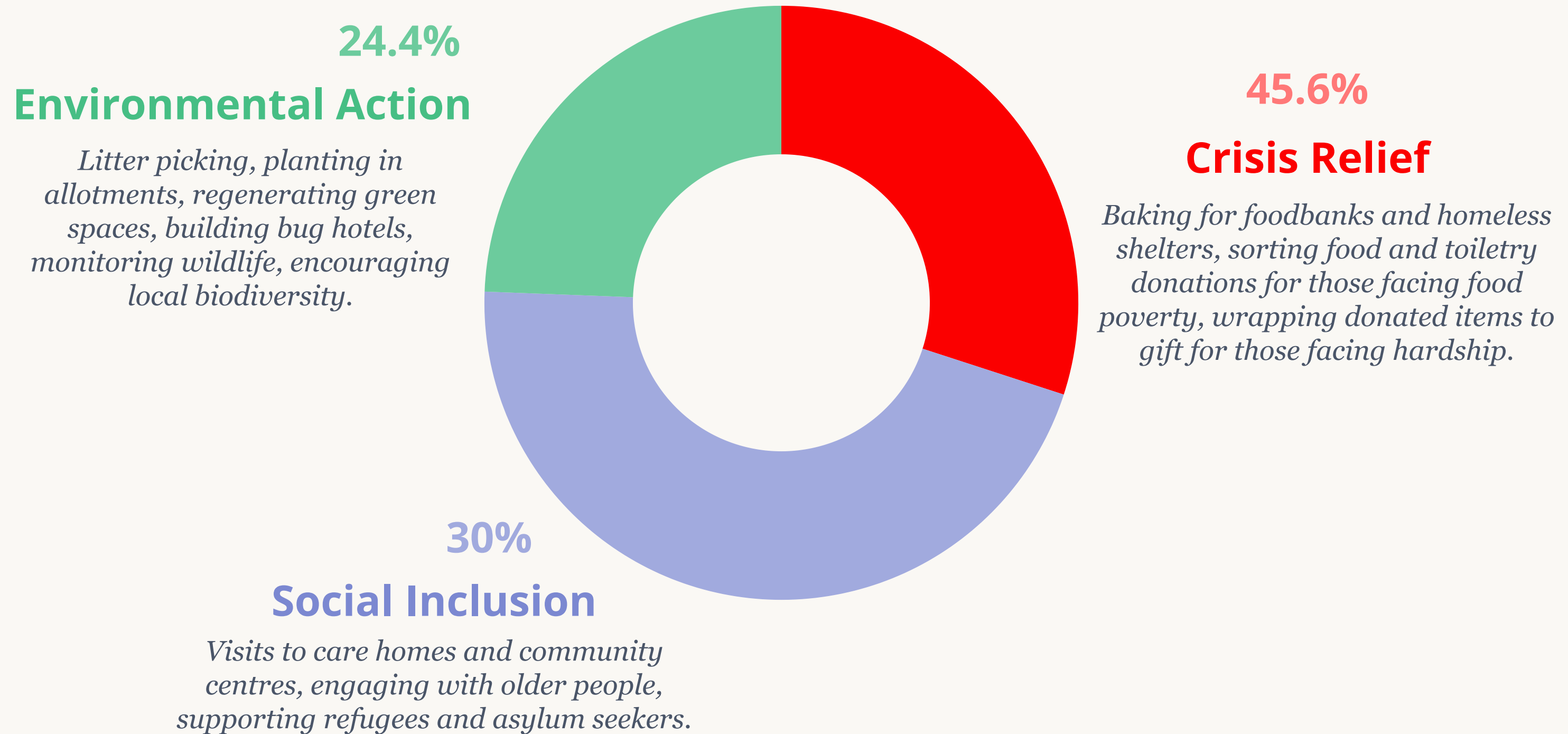
Volunteers by group



Access & reach



Young people making a difference



Confidence & Wellbeing

Young people develop a stronger belief in themselves and what they can do

“The ability to give their time and feel the satisfaction of doing good can’t be underestimated. We see a real positive change. It is something we can’t teach and it goes beyond our curriculum.”

Laura Ellener, Head Teacher, Chiswick School

What changed for young people in 2025?

83%

*of primary-aged children felt **happy** after volunteering*

81%

*felt **proud** of their contribution*

90%

*of primary-aged children felt **helpful***

64%

*of secondary students **felt good about themselves***

63%

*of students report **increased confidence** after volunteering*

78%

*of teachers report an **increase in students’ confidence***

Young people develop empathy, understanding and perspective

Young people gain perspective through direct contact with older people, foodbanks, community kitchens, environmental projects and local charities, which leads to changed attitudes, decisions and behaviours. They develop a clearer real-world understanding of how local support operates, where help is needed and how organisations respond. This includes insight into women’s refuges, care homes, asylum seekers and environmental challenges.



Increased sensitivity to others’ experiences

Participation enables young people to move from awareness to action. Schools describe progression from learning about community need to engaging directly with those facing hardship.



Greater confidence interacting across generations

For many, repeated visits to care homes transformed initial nervousness into genuine friendship. Young people described looking forward to seeing older people they had come to know.



Recognition of the value of small acts of kindness

Young people learn that small interactions and conversations can make a profound difference - a conversation, a handmade card, a shared activity.

“It was a brilliant opportunity for the children to practise real life empathy... to live out these concepts in the wider world is that much more valuable.”

Teacher, The Oratory Primary School

Skills Development

Volunteering builds real-world capability

“Pupils engaged with members of the wider community, learnt new skills, understood their purpose and grew in self esteem and confidence. Some found a voice within their roles volunteering that we did not realise they had... they flourished.”

Imogen Lavelle, Head Teacher, The Good Shepherd Primary School

Skills young people developed

3 in 5 *learned a new skill through volunteering*

6 in 10 *learned how to help others or the planet (awareness & understanding)*

Over half *of secondary students now listen better and can explain things more clearly*

6 in 10 *of teachers report improvements in students' communication and listening skills*

Half *of secondary students feel more confident speaking to new people and in groups*





School engagement, attendance and inspiring lifelong giving

School Engagement

1 in 4

teachers report improved attendance as a result of TimeGivers' activities

Nearly 2 in 3

students say they are more likely to come to school when TimeGivers' activities take place

Hands-on, practical learning appears to play a key role in this engagement. Pupils benefit from active experiences that are not always available within the classroom, creating a different learning environment where participation is purposeful and enjoyable.

Inspiring Lifelong Giving

8 in 10

enjoyed the experience and would like to volunteer again

In schools with little or no volunteering, TimeGivers moves young people from no opportunities to active, transformative experiences.

Many young people express a desire to return, continue or build on their volunteering experience.

With over 8 million pupils in state-funded schools across England, the potential to engage young people and inspire lifelong giving is immense.

“Getting young people to volunteer plants the seed early... it makes it more likely that it will resonate with them sooner in the future.”

Kensington & Chelsea Foodbank

TWO — STRENGTHEN

Community Connection

Stronger bonds across local communities

“The way the young people asked questions, contributed to the conversation about homelessness and showed real enthusiasm towards helping and making a difference, filled me with the sense that, with just the right direction, there is real hope in this world.”

Ashley Robinson, Manager, The Upper Room Charity

What changed in communities?

8 in 10

partners reported that youth involvement raised awareness of their organisation and cause

8 in 10

partners reported strengthened connection with the local community as a direct benefit

89%

repeat engagement from our partners

1 in 3

organisations report increased staff or volunteer capacity

Community Building brings together Inspiration & Awareness activities like school assemblies which serve as a vital gateway to volunteering, building awareness and inspiring young people for a lifetime of giving back.

The organisational and practical impact on partners

Community partners report consistent, multi-layered value. Young people contribute practical capacity, strengthen community relationships and create moments of genuine human connection that partners describe as both immediate and meaningful.

Tangible capacity

Students contribute practical hands-on support: gardening, packing, cleaning, decorating and preparing resources. A third of organisations say this enables them to maintain or enhance service levels.

Youth engagement

Across care settings and community centres, partners describe joy, hope and renewed energy from young people's visits, changing the environment through simple acts of kindness and conversation.

Raised awareness

Young people act as ambassadors, raising awareness of partner causes among schools, families and local networks. In several cases this translates to fundraising and food donation.

“The connection between the two generations was truly special - filled with wonderful interaction and genuine engagement.”

St Vincent's Care Home - Care UK

The TimeGainers

The beneficiaries in the communities of TimeGivers volunteering events

“I have Parkinson’s disease so I can’t express it through my face, but I am so, so happy to be doing this activity with the children. Thank you so much for bringing them.”
Sylvia, 68, guest at Elgin Close Resource Centre

“I almost didn’t come. I didn’t want to get out of bed this morning. But I am so happy to be here. It is so lovely speaking to them and they make my day so much brighter.”
Mary, 76, guest at Elgin Close Resource Centre

What changed for TimeGainers?

35,798 *individuals impacted (TimeGainers)*

9 in 10 *teachers and adults feel students made a real contribution to the community*

7 in 10 *partners report increased wellbeing for those they support*

Over half *of partner organisations report better intergenerational connections*

Community Connection

TimeGivers: The Good Shepherd RC Primary · TimeGainers: Elgin Close Resource Centre

Young people from The Good Shepherd Primary School engaged in regular, repeated volunteering visits to Elgin Close Resource Centre - a day centre for elderly community members. Over time, these repeated interactions built trust, confidence and genuine friendship across generations.

Young people navigated care settings with increasing ease. Older people experienced continuity and anticipation through familiar faces. Adults observed that it was these repeated connections, not one-off visits, that most clearly supported lasting confidence and belonging.



“It was truly a privilege to work with you, the youth and the young children and be part of their growth and development. Their energy, creativity and positivity are incredible.”

Manager, Elgin Close Resource Centre

“I loved that I was able to help people who sometimes feel lonely or bored. It helped me as well as it made me feel I could be helpful too.”

Young person, aged 17

Community Project

TimeGivers: St Lawrence RC Primary, Bedfont Primary, Springwest Academy · TimeGainers: Feltham Community

In collaboration with Hounslow Council, TimeGivers worked with schools, artists, local volunteers and council members to transform an exterior wall at a café in central Feltham with vibrant murals made up of mosaics and collages, unveiled in October 2025. The murals were co-designed with children from three local schools and formed part of a wider mural and mosaic trail celebrating Feltham's regeneration, cultural diversity and community connection; helping young people create something truly meaningful for their community for years to come.



“I really enjoyed working with St Lawrence School - the children were wonderful and it was a pleasure to be part of it. I also love that the founder, Kate, is such a visionary. She sees things differently and bridges important gaps where few others would... I have a lot of respect for her brilliant mind, work ethic and the amazing team behind her. I'm always glad to take part with TimeGivers whenever I can.”

Justina Budreikaite, Adult Volunteer Lead

Building Skills, Confidence and Self-Awareness

TimeGivers: Chiswick School, Kensington Aldridge Academy · TimeGainers: Refuge and Healing Homes West

Sixth-form students took part in a day of practical volunteering to improve living spaces used by women and families rebuilding their lives after undergoing challenging circumstances. Guided by professionals, students painted, repaired and revitalised shared areas of a women's refuge.

Students reflected that the activity not only supported others but also helped them develop practical skills, confidence and self-awareness. One described learning that volunteering "is not only about helping others but also about helping yourself", highlighting the reciprocal nature of contribution.



“I will never be able to describe the feeling you get after helping someone.”

Sixth-form student, Kensington Aldridge Academy

“We participated in painting walls which made a positive impact on residents. It also helped us to practise a life skill that could be useful in the future, so not only did it benefit those we volunteered for, but it also had a positive effect on us.”

Sixth-form student, Chiswick School

A generation finding its voice

“TimeGivers has become a reflection of compassion. Fundamentally, if we all give a little, our world becomes much more worth living in. TimeGivers is contributing to instilling this in the next generation.”

**David Gacheru, Learning Specialist,
Chiswick School**

“From my experience with TimeGivers I’ve been exposed to the harsh realities that juxtapose mine. I’ve come to realise that I’ve had a very sheltered upbringing and my time with this organisation has taught me more gratitude than I’ve ever had.”

Sam, aged 17

“Rather than just talking about how we can help our community, children had the opportunity to take part and live this in a real-life situation.”

**Imogen Lavelle, Head Teacher
The Good Shepherd Primary School**

“I never expected to find something where children can be responsible rather than only having fun, which teaches them to apply values and responsibility, and how they have impact, no matter how small.”

**Parent of young volunteer, TimeGivers
Summer Camp 2025**

“In a world that can sometimes seem very negative, TimeGivers proves every day that the smallest of gestures and the briefest of time can make a huge difference to an individual, a community and the world.”

Adult Volunteer, supporting multiple events

“It has bettered me and given me a sense of fulfilment and purpose. It has made me think about what more I can do to help in my everyday life.”

Sienna, aged 17

Founded 2023. Already extraordinary.

	2023	2024	2025
TimeGivers: young volunteers	1,358	6,116	9,580
TimeGainers: lives impacted	3,079	10,702	35,798
School & youth hub partners	7	22	34
Adult and young people volunteering hours	3,807	11,464	16,731
Income	£69k	£234k	£499k

7x growth in young people volunteering · 7x growth in income · £33 cost per young person maintained throughout

Building the foundations for lifelong giving

01 Make volunteering part of growing up

Champion youth-centred volunteering as a normal, joyful part of childhood woven into school and holiday routines. Empower young people to contribute positively to their local community no matter their background.

02 Scale through a hub model

Grow community-by-community, training local adults as volunteers, investing in infrastructure and replicating proven delivery to reach more communities. Help schools to facilitate meaningful volunteering opportunities in their communities so that they continue to develop opportunities themselves.

03 Ensure no young person is left out

From young people with SEND to those growing up in poverty or at risk of exclusion: our inclusive programmes will enable every young person to lead in their own way.

04 Good citizenship

Be part of the national conversation on young people's volunteering, sharing evidence, insight and impact to inspire policy, practice and culture change.

Target 2028: 18,000 young people volunteering across London

T H A N K Y O U

Our partners make every moment of this possible.

Schools and Youth Hubs (TimeGivers)

All Child
Bedfont Primary School
Ben Smith Academy
Cavendish Primary School
Chiswick School
Christ Church & Holy Trinity Primary
Eastside Young Leaders Academy
Fit for Life Youth
Francis Holland Junior School
Garratt Park
Hammersmith Academy
Hatch End High School
Kensington Aldridge Academy
Kensington Primary Academy
Kingsley Academy
LMP Action
Norland Place School
Pembroke Hall School
Queensmill School
Reach Academy
Rugby Portobello Trust

Sacred Heart RC Primary Battersea (UP)
Springwest Academy
St Lawrence Primary School
St Mary's Brook Green Primary
St Mary's RC Primary (UP)
St Paul's Girls' School
Strand on the Green Junior School
Sulgrave Youth Club
The Good Shepherd Primary
The Harrodian
The Oratory Primary
West London Free School
Westside Young Leaders Academy

T H A N K Y O U

Our partners make every moment of this possible.

Community Organisations (TimeGainers)

240 Project
Bay20 Community Centre
Burgess Fields Care Home (Octavia)
Chelsea Methodist Church Foodbank
Chiswick House and Gardens Trust
City Harvest
Companions Order of Malta
Conversation Over Borders
Derwent Lodge Care Home (Bondcare)
Eden Nature Garden
Elgin Close Resource Centre
Ellesmere House Care Home
Farm Lane Care Home
Feltham Community Development Association
Feltham Foodbank
Feltham Salvation Army Church & Community Centre
Fern Gardens Care Home (Bondcare)
Food With Love
Guardian Angels Animal Support
Hammersmith & Fulham Foodbank (The Trussell Trust)

Healing Homes
Hogarth Youth and Community Centre
Hounslow Phab Youth Centre
Just Homes
KarmaBank
Katherine Low Settlement
Kensington and Chelsea Foodbank (The Trussell Trust)
Kensington Care Home (Bupa)
Kensington Gardens Allotments (Royal Parks)
Lancaster West Neighbourhood Team
Masbro Community Centre
Mayhew Animal Shelter
Meadowcroft Independent Living
Open Door Community Kitchen
Queen Mothers Clothing Guild
Riana Development Network
Royal Trinity Hospice
Rugby Portobello Trust Community Centre
Seva Community Project
St Mary's Convent Care Home
St Saviour's Foodbank

St Simons Foodbank
St Vincent's House Care Home (Care UK)
Starlight
STORM Family Centre
The Nourish Hub
The Reed Day Centre (Octavia)
The Upper Room
Unlocking Potential
Wild Chiswick

T H A N K Y O U

Thank you to all our donors and grant funders including:

Bernard Lewis Family Charitable Trust

CHK Foundation

Fidelity Charitable

Hammersmith & Fulham Council

The Williams Charitable Trust

Inspire Hounslow

JLB Foundation

Lansdowne Charity Initiative

London Borough of Hounslow

Lord Barnby's Foundation

Mayor's Community Weekend

National Lottery Community Fund

Sona Asset Management

SYP Trust

The Beaverbrook Foundation

The Childhood Trust

The Findlay Charitable Trust

The Golden Bottle Trust

The John Scott Charitable Trust

The Lindsell Foundation

The Mabs Mardulyn Charitable Foundation

The Murray Lawrence Trust

The Olympia Charitable Trust

The Rose Foundation

The Rothschild Foundation

The Robert McAlpine Foundation

The Sobell Foundation

Woodroffe Benton Foundation

Where impact comes to life

Our Story

The Story of TimeGivers

A short introduction to who we are and the journey behind TimeGivers

▶ Watch: <https://www.youtube.com/watch?v=GRbTmdV7Q6s>

2025 in Action

Giving Back Day, June 2025

▶ Watch: <https://www.youtube.com/watch?v=K5lnLHT4uic>

Winter Campaign, 2025

▶ Watch: <https://www.youtube.com/watch?v=c2porRhyxHg>



Stay Connected

Follow and explore our work

Website: www.timegivers.com

Instagram: @TimeGivers

YouTube: @TimeGivers

LinkedIn: TimeGivers | Kate Deighton

T I M E G I V E R S

We are nurturing not just volunteers, but a generation defined by empathy, purpose and courage.

Kate Deighton, Founder

timegivers.com · Charity No. 1202700

“ We wholeheartedly thank TimeGivers for making volunteering accessible to our pupils and for instilling in them a sense of compassion, community and service that will stay with them for life. ”

Imogen Lavelle, Head Teacher
The Good Shepherd Primary School

